



# **Personal, Social, Health and Relationships (PSHR) Policy**

## **Why do we teach Personal, Social, Health and Relationships education (PSHR) at Ickford School?**

We have used the Department for Education (DfE) guidance on Relationships and Sex Education (RSE) and Personal, Social, Health and Economic Education (PSHE) as the starting point for this policy which states:

*Relationships education, RSE and PSHE are designed to ensure pupils are taught the knowledge and life skills they will need to stay safe and develop healthy and supportive relationships, particularly dealing with the challenges of growing up in an online world. (DfE 2019)*

We have evaluated the old PSHE curriculum and the guidance on RSE and taken the decision to combine the two subject areas in order to ensure we adhere to statutory obligations and to our obligation to ensure the curriculum is designed in the best interests of the children we teach and the families in our community.

It has been agreed that we will not teach Sex Education at Ickford School and we do not use the curriculum to promote any form of sexual orientation.

### **Aims of our PSHR Curriculum**

To develop and support children's understanding of the world and society in which we live and their place within it so that they can appreciate its diversity and live as happy, healthy, responsible and fulfilled citizens within it.

### **Objectives**

The broad objectives of the curriculum are that by the end of Key Stage 2, every child will:

- Know how to take care of their personal hygiene.
- Understand about people whose role it is to care for us.
- Recognise how exercise is important for staying healthy.
- Understand about healthy and balanced diets.
- Know how to administer basic first aid.
- Know how to stay safe on line.
- Be able to form and maintain positive friendships and appropriate relationships with others.
- Understand the law surrounding drugs and alcohol and associated risks of use.
- Understand the impact of puberty.
- Understand different faiths and religious diversity.
- Understand cultural diversity.
- Be able to form and express opinions based on truth and understanding.

### **Organisation**

The PSHR curriculum is taught as a discrete subject and within several other subjects such as; Science, Physical Education and Religious Education. It is also underpinned through whole school assemblies, class assemblies, the school values and the activities of the School Council and the Ickford Citizen blog. The curriculum maps for each year group, are available on the school website.

## **Who is responsible for teaching PSHR?**

Each classroom teacher takes responsibility for planning, teaching and assessing PSHR for the year groups in their classrooms. The school PE teacher also plans and teaches about being healthy for each year group.

Some external agencies are engaged to support teaching these include:

- The Fire Service
- Thames Valley Police
- Buckinghamshire County Council e-safety team
- National Society for the Prevention of Cruelty to Children (NSPCC)
- Haddenham Cycle Training
- Brilliant Schools

## **The Role of Parents**

Ickford School is aware that the primary role in children's PSHR education lies with parents and carers. We wish to build a positive and supportive relationship with parents through mutual understanding, trust and co-operation. In promoting this objective, we:

- Inform parents about the school's PSHR policy and practice.
- Answer any questions that parents may have about the PSHR education of their child.
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for PSHR education in the school.
- Inform parents about the best practice known with regard to PSHR education, so that teaching in school supports the key messages that parents and carers give to children at home. We believe that, through this mutual exchange of knowledge and information, children will benefit from being given consistent messages about their changing bodies and their increasing responsibilities.

## **The Role of the Headteacher**

It is the responsibility of the Headteacher to ensure that both staff and parents are informed about our PSHR education policy, and that the policy is implemented effectively.

The Headteacher and PSHR co-ordinator monitor this policy on a regular basis and report to the governors, when requested, on the effectiveness of the policy and the curriculum.

## **Equalities Statement**

We have carefully considered and analysed the impact of this policy on equality and the possible implications for pupils with protected characteristics, as part of our commitment to meet the Public Sector Equality Duty (PSED) requirement to have due regard to the need to eliminate discrimination, advance equality of opportunity and foster good relations.

## **Monitoring and Review**

This Policy will be reviewed every three years.