

## Ickford School PSHE Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Class 1</b>	Who Am I?	Being Happy and Healthy	People Who Help Us	Feeling and Emotions	Our Values	Keeping Myself Safe
<b>Class 2</b>	Where Does Our Food Come From?	Our Values	People Who Help Us	Feelings and Emotions	Being Happy and Healthy	Keeping Myself Safe
<b>Class 3</b>	Healthy Life	Relationships and Conflict	Equality	Online Safety and Social Media	Positive Thinking and Growth Mindset	Respectful Relationships
<b>Class 4</b>	Healthy Lifestyle	Positive Mindset and Relationships	Equality and Diversity	Online Safety and Social Media	Safety	Respectful Relationships
<b>Class 5</b>	Healthy Lifestyle (Diet, Drugs, Addition, Obesity)	Positive Mindset and Relationships (Bullying, Values)	Personal Safety (Fire, Water, Road, ESafety)	Online Safety and Social Media	Equality and Diversity	Physical and Emotional Changes