



PSHE Statement of Intent – Ickford School

At Ickford School, we are committed to providing a broad and balanced curriculum that supports pupils' spiritual, moral, cultural, mental, and physical development, preparing them for the opportunities, responsibilities, and experiences of later life.

We believe that high-quality PSHE (Personal, Social, Health and Economic) education is essential in helping pupils become confident, respectful, and well-rounded individuals who can make meaningful contributions to their communities and thrive in a diverse and ever-changing world.

Our shared vision for all members of the school community—pupils, staff, and families—is to strive for personal excellence in every aspect of school life. Through the PSHE curriculum, we support children in developing a strong sense of self-worth, the ability to collaborate with others, and increasing independence in managing their learning and personal development.

PSHE lessons at Ickford encourage pupils to reflect on their own experiences, understand their personal and social growth, and explore the spiritual, moral, social, and cultural challenges they may face as they grow up. They are taught about their rights, responsibilities, and duties as members of a wider community, enabling them to develop the knowledge and skills needed to become informed, active citizens.

We ensure that topical and relevant issues are addressed in a fair, balanced, and age-appropriate way, giving pupils the opportunity to explore different viewpoints, build empathy, and form their own informed opinions. British Values are embedded across our PSHE provision and underpin the ethos of our wider curriculum.

In line with statutory guidance and the Equality Act 2010, pupils are taught about different types of bullying, including bullying related to protected characteristics such as race, gender, disability, religion, or sexual orientation. Pupils are also introduced to the correct vocabulary for male and female genitalia, equipping them with the language and confidence needed to report concerns and seek help if necessary. In Year 5 and above, children are taught about puberty and menstruation in a sensitive and supportive environment.

All aspects of PSHE—including relationships education, health and wellbeing, online and offline safety, financial literacy, and living in the wider world—are delivered in a way that is inclusive, age-appropriate, and respectful of pupils' backgrounds and experiences.

While sex education is non-statutory at Key Stage 1 and Key Stage 2, Ickford School currently chooses not to deliver additional sex education beyond the statutory requirements. Our focus remains on ensuring pupils receive high-quality relationships and health education that lays a strong foundation for their future learning and wellbeing.

